



STAND FOR
HEALTH FREEDOM

2026 Primary Election Voter Guide

Election Day: August 11, 2026

Updated July 29, 2026

State	MINNESOTA
Key	Candidate is "Endorsed." SHF has assurance that this candidate is on the front lines for health freedom.
	Candidate is "Recommended." We believe this candidate stands for health freedom and will do so in office.
	Results Still Pending
	Winner * = Uncontested Race

Executive Races	Candidate
Governor	Lisa Demuth
Lt. Governor	Ryan Wilson
State Auditor	Scott Jensen

US House District	Candidate
2*	Eric Pratt
5	Latonya T. Reeves
7*	Michelle Fischbach
8	Pete Stauber

MN Senate District	Candidate
1*	Mark Johnson
4*	Austin Peterson
5	Paul Utke
6*	Keri Heintzeman
7*	Robert Farnsworth
10	Nathan Wesenberg
11*	Jason Rarick
14*	Bernie Perryman
17*	Glenn H Gruenhagen
18*	Jackie Henry
19	Crystal Alan
22*	Jeremy Munson
27*	Andrew Mathews
28*	Mark Koran
29*	Michael Holmstrom Jr
30*	Eric Lucero
31*	Calvin Bahr
32*	Michael Kreun
33*	Karin Housley
35*	Jim Abeler
36*	Heidi Heino
48*	Julia Coleman
54*	Ben Bakeberg
57*	Zach Duckworth
58*	Bill Lieske

MN House District	Candidate
1A*	John Burkel
2B*	Matt Bliss
3B*	Natalie Zeleznikar
5A*	Krista Knudsen
6A*	Ben Davis
6B	Josh Heintzeman
7B*	Cal Warwas
8B*	Shawn Savela
9A*	Jeff Backer
10B*	Isaac Schultz
11A*	Jeff Dotseth
11B*	Nathan Nelson
12B*	Mary Franson
13A*	Tanja Goering
14B*	Sue Ek
17A	Dawn Gillman
20A*	Pam Altendorf
20B	Sara Bertschinger
21B*	Marj J Fogelman
24A*	Duane Quam
25A*	Brad Trahan
27A*	Shane Mekeland
27B*	Bryan Lawrence
28B*	Max Rymer
29A*	Joe McDonald
29B*	Marion (O'Neill) Rarick
30A*	Walter Hudson
31A*	Harry Niska
31B*	Peggy Scott
32A*	Nolan West
32B*	Leslie Larson
36B*	Patty Bradway
40B*	Allen Shen
48A*	Jim Nash
54B	Natalie Barnes
55B*	Todd Buchwald

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Are you a candidate looking to be on this guide? Take our survey here: standforhealthfreedom.com/vote/survey/
For information on Stand for Health Freedom's candidate vetting process go to standforhealthfreedom.com/guides/vetting/