

# 2026 Battles Ahead

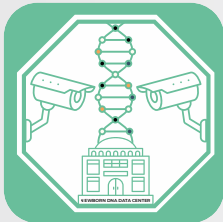
January 2026

Health freedom is one of the fastest growing issues globally. Momentum is shifting fast: it's becoming the majority position in America. In partnership with our state directors across the country, our team is committed to keeping advocates and policymakers in the loop on the top trends, both threats and progress, shaping health freedom in 2026. Here's what we're focusing on:



## END MEDICAL MANDATES

Medical mandates take away your right to make your own health decisions. They turn basic freedoms into "permissions" the government can hand out or take back, instead of rights you're born with.



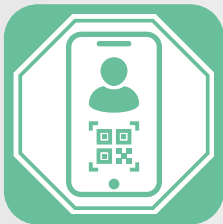
## STOP CENTRAL SURVEILLANCE OF NEWBORN DNA

Parents should have the final say on DNA testing for newborns. Once DNA is stored in a central database, it can be exposed, misused, or used in ways families never agreed to.



## SAFEGUARD OUR FOOD AND WATER SUPPLY

Families deserve confidence in the safety of their food and water. But when profit comes first, safety can be compromised.



## DIGITAL ID

Digital ID systems and health passports put privacy at risk and can lead to people being treated differently based on medical choices, while making it easier to track everyday life.



## STRENGTHEN PARENTAL RIGHTS

Parents should have a say in medical decisions made at school, including vaccines, online mental health programs, and school-based health clinics, so kids aren't given care their families didn't approve.



## END MEDICAL MANDATES

**KEY ISSUE:** Medical mandates take away your right to make your own health decisions. They turn basic freedoms into “permissions” the government can hand out or take back, instead of rights you’re born with.

**STRATEGIC SOLUTIONS:**

- Protect the right to say no, and stop discrimination against people for declining medical interventions.
- Shine a light on forced or unwanted medical treatment, and help parents and lawmakers understand the need for stronger protections.
- Stop newborn DNA collection from becoming routine without clear parental consent, and protect families from unnecessary medical interventions.
- Stop federal agencies from being controlled by the industries they’re supposed to regulate.



## STOP CENTRAL SURVEILLANCE OF NEWBORN DNA

**KEY ISSUE:** Parents should have the final say on DNA testing for newborns. Once DNA is stored in a central database, it can be exposed, misused, or used in ways families never agreed to.

**STRATEGIC SOLUTIONS:**

- Help parents understand what DNA testing at birth really means, and what could happen if that data is stored or shared.
- Keep an eye on new laws and funding that would push DNA testing into routine newborn screening, and speak up early to stop it.



## SAFEGUARD OUR FOOD AND WATER SUPPLY

**KEY ISSUE:** Families deserve confidence in the safety of their food and water. But when profit comes first, safety can be compromised.

**STRATEGIC SOLUTIONS:**

- Stop laws that protect chemical companies when their products harm people or the environment.
- Make it easier for families to buy directly from local farmers and small producers.
- End water fluoridation and protect people’s right to choose what medical treatments they accept.
- Bring transparency to government and private programs that alter the weather, so communities know what’s happening and why.



## DIGITAL ID

**KEY ISSUE:** Digital ID systems and health passports threaten privacy and individual autonomy, creating avenues for medical discrimination and mass surveillance.

**STRATEGIC SOLUTIONS:**

- Educate the public on the dangers of bio-surveillance.
- Strengthen state-level health privacy laws to close HIPAA loopholes.
- Prohibit vaccine passports and state-funded digital ID infrastructure.
- Stop Real ID.



## STRENGTHEN PARENTAL RIGHTS

**KEY ISSUE:** Parents are being pushed aside as a “barrier” to medical treatments for children. This is happening at schools, pharmacies, and doctor’s offices. Parents need to be seen as the primary decision maker for their children.

**STRATEGIC SOLUTIONS:**

- Know what kinds of health services your child might be offered at school, including counseling, screenings, and vaccines.
- Talk with your child (in an age-appropriate way) about your family’s health values and decisions.
- Go with your child to medical appointments whenever possible, and ask questions before anything happens.
- Push for stronger laws that protect kids from unwanted medical treatment, every state should have clear protections for parents and patients.

**These battles are about one core question: who decides, families or systems? In 2026, we’re meeting these threats with clarity, courage, and action. Health freedom is becoming America’s new majority, and we intend to make sure policy catches up with the people.**

